#### **Start Tracking Your MPN**

You can access the MPN Tracker Tools from any mobile phone, tablet, or computer. Download the new Voices of MPN Mobile Tracker app today or visit MPNSymptomTracker.com to sign up for the MPN Tracker Tools.

Remember, keeping track of your MPN helps you take an active role in your care and empowers you to have meaningful discussions with your Healthcare Professional.

Visit MPNSymptomTracker.com to start using the MPN Tracker Tools



**Download** the Voices of MPN Mobile Tracker app today!







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# **Explore the Enhanced Features of the MPN Tracker Tools**

DISCOVER A SIMPLIFIED TRACKING EXPERIENCE BROUGHT TO YOU BY VOICES OF MPN®

If you're living with a myeloproliferative neoplasm (MPN) like polycythemia vera (PV), essential thrombocythemia (ET), or myelofibrosis (MF), learn how the updated MPN Tracker Tools may help you easily track your condition over time.



## How to Use the Updated MPN Tracker Tools

We've listened to insights from patients and Healthcare Professionals in the MPN community to create a straightforward and easy format for tracking symptoms, activities, blood counts, procedures, and medical appointments.

## THESE EASY-TO-USE TOOLS ENABLE YOU TO:

RATE the severity of your MPN symptoms and see a visual display of how they affect your activities over time

**RECORD** your key blood cell counts—and identify changes or trends in your levels

**NOTE** the dates of procedures and appointments—so you know where you need to be when

DOWNLOAD the Voices of MPN Mobile Tracker app—understand and share the impact of your MPN with your Healthcare Professional

## ENHANCEMENTS TO THE MPN TRACKER TOOLS INCLUDE:



A focus on common symptoms and their impact on your activities



Simplified symptom scoring based on mildmoderate-severe ratings



An easy-to-read dashboard



A downloadable Voices of MPN Mobile Tracker app for iOS and Android



